

## Intervention: Family Matters

Finding: Recommended by a single governmental entity

### Potential partners to undertake the intervention:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Nonprofits or local coalitions        | <input type="checkbox"/> Businesses or labor organizations          |
| <input type="checkbox"/> Schools or universities                          | <input type="checkbox"/> Media                                      |
| <input checked="" type="checkbox"/> Health care providers                 | <input checked="" type="checkbox"/> Local public health departments |
| <input type="checkbox"/> State public health departments                  | <input type="checkbox"/> Policymakers                               |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other:                                     |

### Background on the intervention:

Family Matters is a home-based program designed to prevent tobacco and alcohol use in children 12 to 14 years old. The program is delivered through four booklets mailed to the home and follow-up telephone calls to parents by health educators.

### Findings from the systematic reviews:

The Substance Abuse and Mental Health Services Administration (SAMHSA) recommends Family Matters as a model program. See the link below for more information.

### Additional information:

Family Matters - [www.sph.unc.edu/familymatters](http://www.sph.unc.edu/familymatters)

### References:

SAMHSA - National Registry of Effective Programs - [www.modelprograms.samhsa.gov](http://www.modelprograms.samhsa.gov)